## MIRA COSTA Girls Lacrosse Camp

Feb. 3 - 9:30 am to 12:30 pm





6<sup>th</sup> – 8<sup>th</sup> grades are invited to a fast-paced lacrosse clinic hosted by the **Mira Costa Girls Lacrosse Team and Coaching Staff**. The camp will focus on key elements of Lacrosse such as ball and stick skills along with footwork and positioning.

**LOCATION**: Mira Costa High School, Lower West Field on

Meadows Avenue

WHO: 6th - 8th Grade

COST: \$75 per camper

**CAMP INCLUDES**: T-shirt, water, and snack.

WHAT TO BRING: Cleats, Refillable Water Bottle, Lacrosse

Stick, Goggles, Mouthguard, Medical Release form

## REGISTER AT:

https://apm.activecommunities.com/mbxfoundation/Activity\_Search/1385 or bring a check made out to MBX Foundation on Feb.3

Questions: Contact Andrew Lelchuk at (925) 640-7933